

Kara S. Poon

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www.karapoon.com/acting

Height 4'10.75" / 149 cm
Weight 105 lbs / 48 kg
Hair & Eyes black/dark brown

FILM / TV

| | | |
|----------------------|------------|--|
| The Bench | Lead | Wizdra Productions — Izzy Arnfeld & Max Hailey |
| Shadows in the Glass | Supporting | Independent — Saurav Gaikwad |
| Peer Pressure | Co-Star | Music video / Madame So — Miguel Maldonado |
| Revenge Engineers | Co-Star | Discovery / HBO Max — Brandon Mathis |

THEATRE

| | | |
|---------------------------|----------------------|--|
| Reservations | Melissa (originated) | Ross Valley Players — Michael R. Cohen |
| All's Well That Ends Well | Diana / Musician | Theatre Rhinoceros — John Fisher |
| Fortinbras | Ophelia | Actors Ensemble of Berkeley — Michael R. Cohen |
| Death of a Salesman | Miss Forsythe / V.O. | La Val's Subterranean Theater — Michael Sally |

MISCELLANEOUS

| | | |
|--------------------------|----------------------|---|
| Medical Roleplay | Standardized Patient | University of California, San Francisco |
| Legal/Corporate Roleplay | Actor-Assessor | Alchemist Learning & Development Ltd. |
| Commercials & Print | | Conflicts available upon request. |

TRAINING

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|--------------------------|---|--|
| UC Berkeley | B.A. Theater & Performance Studies, B.A. Comparative Literature | |
| University of Cambridge | Pembroke-King's Programme | |
| Meisner Institute London | Meisner Technique | Core Training — Law Ballard |
| Speech | Linklater Technique | Private Coaching — Rebecca DuMaine |
| Movement | Alexander Technique | Private Coaching — Erin Lena Hart Brunicardi |

SKILLS

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|------------------|---|
| Languages | English (native), Cantonese (fluent), Mandarin (proficient) |
| Accents | General American, Received Pronunciation, Cantonese, General American Southern |
| Music | Piano (jazz, classical), Saxophone (alto, tenor), Conducting, Composition (jazz) |
| Movement | Marching Band (glide step, chair step), Drum Major Spinning (military baton), Archery, Swing Dance (Lindy hop) |
| Other | Screenwriting, Calligraphy, Costuming (makeup application, knitting, sewing), Vinification (winemaking — viticulture & oenology) |